



Drink Up!

Workplace Drinking Water Buyer's Guide



- 💧 Health & Safety Risks
- 💧 Pros & Cons of Workplace Water Sources
- 💧 Water Quality by Region
- 💧 Tips for Choosing a Bottleless System

What's in your drinking water?

As a business leader, the well-being of your employees should be a top priority. By law, Canadian employers must provide safe drinking water in the workplace. However, not all water sources are created equal.

Traditional options such as tap water, bottled water, and water coolers come with drawbacks that can impact your employees' health, productivity, and business costs.

Typical Workplace Drinking Water Sources



Bottle Cooler



Water Bottles



Filter Cooler



Tap | Fridge | Fountain

A growing number of businesses are turning to **bottleless drinking water systems** for their advanced filtration capabilities, providing purified, healthy, and unlimited drinking water.

In this guide, we'll explore the pros and cons of common workplace water sources and why bottleless systems are becoming the preferred drinking solution for many workplaces.

Drinking Water Factoids



91% of plastic water bottles are not recycled.

- National Geographic



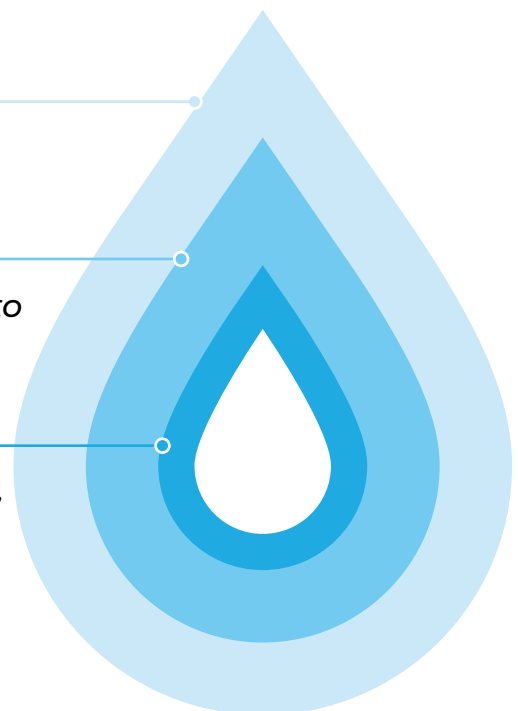
Canada allows 150* more toxic 'forever chemicals' into drinking water than the U.S.

- CTV News, 2024



People ingest 5 grams of microplastics per week, which is equivalent to one credit card.

- Plastic Pollution Coalition



Pros & Cons of Workplace Water Sources



1 Tap Water

Pros: Readily available; low cost.

Cons: Potential contamination with lead, chlorine, and bacteria; taste and odour issues; inconsistent water quality based on municipal supply.

Check Your Region's Water Quality: Use CBC's interactive PFAS map to see where toxic "forever chemicals" have been found in drinking water across Canada.

Visit: newsinteractives.cbc.ca/features/2025/pfas-canada-map/



2 Refrigerator Water Dispensers

Pros: Convenient; chilled water option.

Cons: Requires frequent filter changes; filters may not remove harmful contaminants; limited access in large workplaces; high maintenance costs.



3 Water Fountains

Pros: No additional cost after installation.

Cons: Often unfiltered; risk of bacterial contamination; poor reputation due to hygiene concerns.

Fact: A study found that public water fountains contain more bacteria than toilet seats.

Source: National Sanitation Foundation

Pros & Cons of Workplace Water Sources



4 Water Coolers

Pros: Filtered water option; commonly found in workplaces.

Cons: Expensive variable cost; risk of injury or spills when replacing jugs; exposure to microplastics; large storage space required.

Fact: A full water jug weighs approximately 45 pounds which is similar to lifting a car tire and rim, half a bag of cement, 4 gallons of paint, or a 6-year-old child.



5 Plastic Water Bottles

Pros: Portable and convenient.

Cons: Costly over time; consumption of microplastics; plastic waste; storage issues; sun exposure concerns.

Fact: Studies show that people ingest 5 grams of plastic per week, which is equivalent to one credit card.

Source: Plastic Pollution Coalition



6 Single-Filter Cooler

Pros: Reduces some contaminants; unlimited water (plumbing connection).

Cons: Limited filtration does not remove lead, PFAs, or other harmful contaminants; requires frequent filter changes and regular cleaning.

Fact: Health Canada strongly advises using NSF/ANSI-certified filters to ensure effective removal of contaminants in drinking water.

The Superior Choice

Bottleless Drinking Water System

A **bottleless drinking water system** connects directly to your water line and purifies water at the source, delivering unlimited clean drinking water.



Advantages of Bottleless Systems

- 💧 **Superior Filtration** – Removes harmful contaminants including lead, chlorine, bacteria, and PFAS.
- 💧 **Cost Savings** – Eliminates expenses on bottled water, jugs, and filter replacements.
- 💧 **Eco-Friendly** – Reduces plastic waste and lowers carbon footprint.
- 💧 **Convenience & Hygiene** – No need for deliveries, lifting heavy jugs, storage, or worrying about expired filters.
- 💧 **Advanced Technology** – Many systems utilize multiple filters including Reverse Osmosis for the purest water quality.
- 💧 **Ice, Hot & Sparkling Water Options** – Provides ice, hot, and sparkling water at the touch of a button.



*Fact: Businesses that switch to bottleless systems can save up to **80% on water costs** compared to bottled alternatives.*

Source: Water Research Foundation

Choosing the Right Bottleless Drinking Water System

When selecting a system, consider the following:

- ✓ **Filtration Technology:** Opt for multi-stage filtration that removes bacteria, viruses, heavy metals, chemicals and adds back important nutrients for optimal hydration.
- ✓ **Output Options:** Consider hot, cold and room temperature water with ice and sparkling water options.
- ✓ **Capacity & Usage:** Ensure the system meets the daily water needs of your workforce.
- ✓ **Ease of Maintenance:** Look for a system with self-cleaning technology and long-lasting filters.
- ✓ **Local Service:** Prioritize local service with proven support capabilities.
- ✓ **Certifications:** Choose devices certified to NSF/ANSI standards by accredited bodies.



What's Next?

The quality of your workplace drinking water impacts employee health, productivity, and sustainability efforts.

While traditional water sources have limitations, a bottleless drinking water system provides the cleanest, safest, and most cost-effective solution for your workplace.

By making the switch to bottleless, you're investing in a healthier workplace while saving money and reducing environmental waste.

Your employees, and your bottom line, will thank you.

FREE TRIAL OFFER

Request a FREE trial to determine the best option for your drinking water needs.

- ✓ No cost
- ✓ No obligation
- ✓ Nothing to sign
- ✓ Take the first step toward a healthier, hydrated workplace

Contact us to get started!



Xpert Water offers Maritime businesses a new approach to clean, great-tasting drinking water.

Switch to bottleless systems for on-demand access to cold and hot water, ice, and sparkling water at a fraction of the cost of bottled water and delivery services.

Servicing New Brunswick, PEI, Nova Scotia

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